



A Safe Zone is somewhere you can go to get help if something happens that makes you feel scared and in fear of someone or something.

Support/Help Contacts

Police -

Emergency – 999 Non-emergency - 101

Pennine Domestic Abuse Partnership – PDAP 24 hour free helpline 0800 052 7222

An independent service offering support, advice and information to anyone affected by domestic abuse.

National Domestic Abuse Helpline – 24 hour free helpline 0808 2000 247

National Stalking helpline – 0808 802 0300

Suzy Lamplugh Trust run the above helpline for stalking and offer further information their website www.stalkinghelpline.org

National Lesbian, Gay, Bisexual and Trans Gender Domestic Abuse helpline – 0800 9995 428

Victim Support – 0808 16 89 111

Karma Nirvana – Honour Based Abuse and Forced Marriage helpline – 0800 5999 247 or support@karmanirvana.org.uk

Supporting victims of honour-based abuse and forced marriage – Call in confidence, they will never talk to the victim's family.

Samaritans – 24 hour free helpline 116123

Childline NSPCC – Help for children and young people worried about child sexual exploitation - 0800 1111 or help for adults concerned about a child - 0808 800 5000

National helpline for male victims of sexual exploitation – 07808 863 662

Crimestoppers 0800 555 111

CGL - Drugs and Alcohol services – Huddersfield – 01484 353333 or Dewsbury – 01924 438383

The Base – Drugs and Alcohol services - for young people up to the age of 21 – 01484 541589

Modern Slavery Helpline – if you suspect trafficking or human exploitation – 08000 121 700

Advice/Guides

Social media – www.westyorkshire.police.uk/advice/online-crime-safety/online-safety/cyber-crime/social-media-safety

**Worried your partner may
have an abusive past?**



Get in touch

Contact the Police on 101

**If we can find information
that would protect you,
we will tell you**

www.westyorkshire.police.uk/clareslaw

**Clare's
Law**
The Domestic Violence
Disclosure Scheme

