

Night Out Safety Guide/Safe Zones



What is a Safe Zone?

A Safe Zone is somewhere you can go to get help if something happens that makes you feel scared and in fear of someone or something.

Safe Zone is a campaign that provides places you can go to for support to contact a friend, family member or the Police if you are feeling unsafe.

Safe Zones will be identified with a Safe Zone sticker displayed in the premises window.

Trained staff will be able to help you.

Most people enjoy a night out safely and sensibly. However, please see the safety tips below to make sure you have a good night out and know what to do if things start to go wrong!



Tell someone where you are going/who you are going to be with.

Make sure your mobile phone is charged and in credit.

Stay together with friends and look out for one another.

Do not accept drinks from strangers.

Do not drink too much/pace yourself/know your limits.

Do not leave your drink unattended – even soft drinks get spiked.

Plan your journey home at the end of the end night.

Book a taxi in advance and make sure you get in the right one (only use a licensed taxis)



Travel with friends



Not everyone is who they say they are!!!! Be careful.

Neighbourhood News



If you or someone else feels in an uncomfortable situation, tell a member of staff or a friend.
Some venues offer an "Ask for Angela" scheme

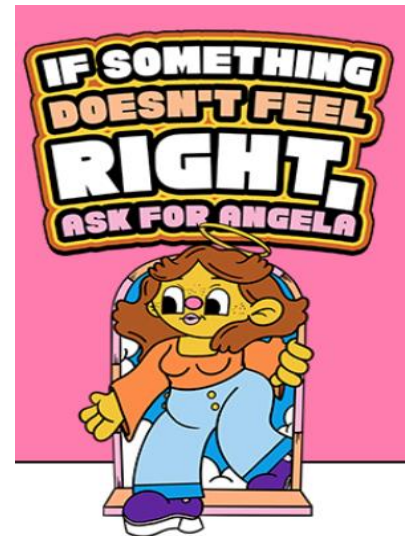
What is "Ask for Angela"

"Ask for Angela" was originally first developed by Lincolnshire County Council before being adopted by the Metropolitan Police in 2016. The scheme is named in memory of Angela Crompton, a woman who was abused and killed by her husband in 2012.

How it works

The concept allows for women and girls to ask for help if they begin to feel uncomfortable or unsafe in a venue or location.

By asking for Angela they alert others to their situation and by responding accordingly which could include helping reunite the individual with a group of friends or out of the venue and into a waiting taxi or contacting the Police we can keep somebody safe.



#ASK FOR ANGELA

KNOW LIMITS

DRINK ENOUGH TO FEEL GOOD, NOT BAD

Too much alcohol can make you and others aggressive. Take care.

Eating before you go out can help stop you getting too drunk.

Drink water between alcoholic drinks.

If you get drunk, you're more likely to do things you wouldn't normally.

NO MEANS NO

NO EXCUSES!

Sex without consent is rape. Rape is always a crime.

NO MEANS NO!

If you have been a victim of sexual violence -

We have specially trained staff ready to help you.

In an emergency call 999

If you have any information about an incident call 101

If you are deaf or hard of hearing use mobile text phone

07786 200 200

If you just need to talk to someone call -

STAR
(Surviving Trauma After Rape)

01924 298954

Visit our website - www.westyorkshire.police.uk for more safety advice.

To report a crime, please ring 101. Always dial 999 in an emergency.

Your Crime Reduction Officers are:-

Stephen Forrest and Sharon Charlesworth. Tel 01924 431048 or email at:

kirkleesCPO@westyorkshire.police.uk